

EGD PREPARATIONS

You should have nothing to eat or drink after midnight the night previous to your procedure.

IF YOU ARE SCHEDULED FOR AN AFTERNOON EXAM: You may have clear liquids up to 4 hours prior to your procedure.

Comfortable clothing to be worn the morning of your test. For female patients, we ask no lipstick to be worn that morning.

If you normally take any heart, blood pressures, or anti-seizure medications, in the morning please take them prior to leaving for your procedure with a small amount of water.

IMPORTANT INFORMATION REGARDING YOUR PROCEDURE

ONE WEEK before exam: If you take blood thinners such as Coumadin or Plavix, insulin or other diabetes medicines, notify your doctor for specific instructions.

FOUR DAYS before your exam **make these changes:** Continue your medicines as usual, except for Coumadin or Plavix. **IT WILL BE NECESSARY FOR YOU** to contact the physician who prescribes your Coumadin or Plavix to obtain clearance to discontinue medication. After you have contacted your prescribing physician, please contact our office with that clearance.

A responsible adult must take you home. Taking the bus, Metro, or taxi alone is not permitted. For the remainder of the day you may not drink alcohol, make legal decisions, or use hazardous equipment. This means that you **absolutely may not** drive, even though in your opinion you are safe to do so. Remember, your judgment and coordination are impaired.

TO OBTAIN RESULTS OF THE EXAM

The doctor will speak with you and/or your designated agent following your exam.

If you had biopsies of any type (tissue or polyp): **CALL YOUR DOCTOR REQUESTING RESULTS 5-7 BUSINESS DAYS FOLLOWING PROCEDURE.** Ask for their results voice mailbox, 713.461.1026. Please be sure to leave numbers for both a day and evening return call as calls are frequently returned after 5 PM.