

ERCP PREPARATION

(ENDOSCOPIC RETROGRADE CHOLANGIO-PANCREATOGRAM)

1. You may eat and drink normally until midnight the night before your procedure.
2. Stop any blood thinners such as Warfarin or Plavix as specifically instructed.
3. Do take any blood pressure or heart medications with water early that a.m.
4. On the morning of the procedure you can have clear liquids until 6 hours prior to procedure.
5. ***The hospital will want you to arrive 2 hours prior to procedure. Be sure to bring a written list of your medications.***
6. Since you will be sedated you will have to have a responsible adult to drive you home. You will be unable to drive, drink alcohol, or make legal decisions for the rest of the day.
7. Unless otherwise instructed you can resume a normal diet after discharge. However, it would be advisable to start with liquids and keep your diet light the rest of that day.