



DIGESTIVE AND LIVER
SPECIALISTS

Esophagogastroduodenoscopy (EGD)/ Upper Endoscopy

Date of Procedure: _____ Arrive at: _____

PROCEDURE TIME: _____

____ Memorial City Hosp: 920 Frostwood Dr., Out-patient Registration (West) Lobby
*** You may pre-register @ www.memorialhermann.org ***

____ Methodist West Hosp: 18500 Katy Freeway, Houston, TX, 77094, Main Entrance

____ Physicians Endoscopy Center (PEC): 3030 S. Gessner rd, suite 150., Houston Tx 77063

IMPORTANT INFORMATION REGARDING YOUR PROCEDURE

ONE WEEK before exam: If you take blood thinners such as Coumadin or Plavix, insulin or other diabetes medicines, notify your doctor for specific instructions. IT WILL BE NECESSARY FOR YOU to contact the physician who prescribes your Coumadin, Aggrenox or Plavix to obtain clearance to discontinue medication.

Five Days before your exam make these changes: Continue your medicines as usual, **except for Coumadin, Aggrenox or Plavix. After you have contacted your prescribing physician, please contact our office with that clearance.**

INSTRUCTIONS

1. You should have no solid foods after midnight the night before your procedure. **IF YOU ARE SCHEDULED FOR AN AFTERNOON EXAM:** You may have clear liquids **UP TO FOUR HOURS PRIOR TO PROCEDURE TIME.**
2. Comfortable clothing to be worn the morning of your test. For female patients, we ask no lipstick to be worn that morning.
3. If you normally take any heart, blood pressures, or anti-seizure medications, in the morning please take them prior to leaving for your procedure with a small amount of water.

A responsible adult must take you home. Taking the bus, Metro, or taxi alone is not permitted. For the remainder of the day you may not drink alcohol, make legal decisions, or use hazardous equipment. This means that you **absolutely may not** drive, even though in your opinion you are safe to do so. Remember, your judgment and coordination are impaired.

TO OBTAIN RESULTS OF THE EXAM

- The doctor will speak with you and/or your designated agent following your exam.
- If you had biopsies of any type (tissue or polyp): **CALL YOUR DOCTOR REQUESTING RESULTS 5-7 BUSINESS DAYS FOLLOWING PROCEDURE.**

WWW.GIDOCES.COM

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