



DIGESTIVE AND LIVER
SPECIALISTS

Esophagogastroduodenoscopy (EGD)/ Upper Endoscopy

Date of Procedure: _____ Arrive at: _____

Procedure Time: _____

___ Memorial City Hosp: 920 Frostwood Dr., Digestive Health Center

___ Methodist West Hosp: 18500 Katy Freeway, Houston, TX, 77094, Main Entrance

___ Physicians Endoscopy Center (PEC): 3030 S. Gessner rd, suite 150., Houston Tx 77063
*** You may pre-register @ <https://www.onemedicalpassport.com/?fid=164> ***

PLEASE READ IMPORTANT INFORMATION REGARDING YOUR PROCEDURE

ONE WEEK before exam: If you take blood thinners such as Coumadin, Eliquis, Aggrenox, or Plavix, or diabetes medicines such as insulin please notify our office for specific instructions. It will be necessary for you to contact the physician who prescribes your blood thinners such as Coumadin, Eliquis, Aggrenox, Xarelto, Pradaxa, Agrylin, Pletal, Plavix, Savaysa, Brilanta and Effient to obtain clearance to discontinue medication.

FIVE DAYS before your exam make these changes: Continue your medicines as usual, **except for Coumadin, Aggrenox or Plavix.** After you have contacted your prescribing physician, please contact our office with that clearance.

INSTRUCTIONS

1. You should have no solid food after midnight the night before your procedure. **IF YOU ARE SCHEDULED FOR AN AFTERNOON EXAM:** You may have clear liquids **UP TO FOUR HOURS PRIOR TO PROCEDURE TIME.** **DO NOT** chew tobacco, or smoke at least 6 hours prior to the procedure.
2. Comfortable clothing to be worn the morning of your test. For female patients, we ask no lipstick to be worn that morning.
3. If you normally take any heart, blood pressure, or anti-seizure medications, in the morning please take them prior to leaving for your procedure with a small amount of water.

A responsible adult must take you home. Taking the bus, Metro, or taxi alone is not permitted. **If you do not have a responsible adult to take you home your procedure will be cancelled, and you may be subject to the cancellation fee.** For the remainder of the day, you may not drink alcohol, make legal decisions, or use hazardous equipment. This means that you **absolutely may not** drive, even though in your opinion you are safe to do so. Remember, your judgment and

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coordination are impaired. DO NOT wear any jewelry or take any valuables to your procedures as the facility is not liable for lost belongings.

**TAKE NOTHING BY MOUTH 4 HOURS PRIOR TO YOUR PROCEDURE
(INCLUDING WATER). DOING SO MAY RESULT IN YOUR
PROCEDURE BEING DELAYED OR CANCELLED.**

To obtain results of your exam:

- 1) The doctor will speak with you and your designated agent following the procedure.
- 2) If you had biopsies of any type (tissue or polyp) your results will be mailed to you in 2-3 weeks.

Cancellation Fees:

As stated in our financial policy, a reminder that if you cancel, or reschedule within 24 hours of your procedure, OR do not show up for your procedure you will be **subject to a fee of \$150** which will be applied to your account.

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